



Recipes

Peanut Butter Banana Cup

2 Scoops Shaklee 180 Chocolate
1 TBS Natural Peanut Butter
1/2 - 1 Banana
1 TBS Dark Cocoa Powder (opt)
8 oz. milk or water
4-6 cubes ice (opt)

Popeye's Blue-Nana

2 Scoops Shaklee 180 Vanilla
1/2 Banana
1/2 C Blueberries
Large handful spinach
8 oz. milk or water
4-6 cubes ice (opt)

Raspberry Lime Cooler

2 Scoops Shaklee 180 Vanilla
1 C Raspberries
2 TBS Lime Juice (or 1 peeled lime)
1 tsp honey
handful of parsley
8 oz. milk or water
4-6 cubes ice (opt)

Pina Colada

2 Scoops Shaklee 180 Vanilla
1/2 C Pineapple
1/2 banana
1/2 tsp rum extract
1/4 tsp vanilla
8 oz. coconut milk
4-6 cubes ice (opt)

Strawberry Shortcake

2 Scoops Shaklee 180 Strawberry
1 C Strawberries
1 tsp butter extract
8 oz. milk or water
4-6 cubes ice (opt)

Little Mint o' Spinach

2 Scoops Shaklee 180 Vanilla
1 large handful spinach
2 drops peppermint extract
1/2 avocado
8 oz. milk or water
4-6 cubes ice (opt)

Yella Berry Delicious

2 Scoops Shaklee 180 Strawberry
1/2 Cup Raspberries
1/2 Cup Blueberries
1/2 yellow squash
8 oz. milk or water
4-6 cubes ice (opt)

Notta Latte Spice

2 Scoops Shaklee 180 Cafe Latte
1 TBS Dark Cocoa Powder (opt)
1/2 tsp pumpkin pie spice
pinch of cayenne pepper
1/4 banana
8 oz. milk or water
4-6 cubes ice (opt)

Chocolate Covered Cherry

2 Scoops Shaklee 180 Chocolate
1/2 C Cherry
8 oz. milk or water
4-6 cubes ice (opt)

